



HANDCRAFTED EVERY DAY AT:

1668 North Alpine Road
Rockford, Illinois
Phone: (815)395-6460
rockfordgreatharvest.com

TUE.- FRI. 7:00 A.M.- 6:00 P.M & SAT. 7:00 A.M. - 5:00 P.M.



Soup's On!



Buy any one of our delicious Frontier Soup Mixes and we'll give you a half dozen rolls for FREE! January is the perfect month for hot, healthy soup and our made-from-scratch dinner rolls are the perfect partner. You can choose from our 100% whole grain Honey Whole Wheat or our delicious Old Fashioned White rolls. We'll be cooking up some of our soup varieties so you can sample before you buy, too. Whether you're feeding your family or entertaining, you can't go wrong!!

COMING NEXT MONTH... Get ready for Chocolate Daze all month! We're baking our famous White Chocolate Cherry Bread along with many other favorites and some new surprises. So much chocolate, so little time!

JANUARY BREADS *FREE Rolls when you buy a Frontier Soup Mix!!*

EVERYDAY *Great Harvest Sandwiches!!
Honey Whole Wheat* · Old Fashioned White · Dakota* · Apple Crumble*

TUESDAY
Cranberry Orange · Oregon Herb* · Roasted Garlic 3 Cheese · Pumpkin Chocolate Chip Bread · CHIP Nine Grain* · Cinnamon Swirl*

WEDNESDAY
Cheddar Olive · Cherry Apple · Hi 5 Fiber* · Extreme Cinnamon · Brownie Bread · CHIP Nine Grain**

THURSDAY
Cherry Walnut · Roasted Garlic 3 Cheese · Cinnamon Swirl · Swedish Rye on January 5 only · Pumpkin Chocolate Chip*

FRIDAY
Cranberry Oat Crunch · Cheddar Garlic · Swiss 'N Dill · Cinnamon Swirl · Apple Cinnamon Batter Bread

SATURDAY
Cinnamon Raisin Walnut · Swiss 'N Dill · Extreme Cinnamon* · Nine Grain* · Pumpkin Chocolate Chip*

*CHIP Nine Grain is a reduced sodium version of our Nine Grain Bread. Breads marked with * are whole grain, heart healthy breads. Since we start from scratch on Tuesday morning, all varieties may not be available until mid-morning.*

JANUARY SWEETS *Low Fat Muffins Daily!!*

EVERYDAY
Bread Muffins, Cinnamon Rolls, Low Fat Muffins, Cookies, Scones

TUESDAY
Oatmeal Chocolate Chip Cookies, Low Fat Oatbran Muffins, Fruit Bars, Brownies

WEDNESDAY
Baker's Choice Cookies, Low Fat Morning Glory Muffins, Fruit Bars

THURSDAY
Oatmeal Chocolate Chip Walnut Cookies, Low Fat Oatbran Muffins, Brownies

FRIDAY
Snickerdoodle Cookies, Low Fat Morning Glory Muffins, Cinnamon Chocolate Chip Scones, Fruit Bars, Orange Rolls

SATURDAY
Mom's Chocolate Chip Cookies, Fruit Bars, Low Fat Oatbran Muffins